



St. Louis G.N.S.

October 2016 Vol 2



Website

To stay in touch with our news, events and activities, log onto the **school's website at**

www.stlouisgns.ie

There are great
Educational and
Fun resources
in our Learning Zone

Important Dates for your diary:

Mid-Term Break:

- Closing Friday 28th October
- Reopening Monday 7th November

Switch-on of Christmas Lights: Sunday 20th November

- School choir will be singing
- Teachers will be running a tea/coffee/hot chocolate stall

Parent/Teacher Meetings:

- Thursday 1st December

Health Promoting Schools' Positive Mental Health Week

The HPS Committee members, under the guidance of Mrs Treanor and Miss Brady, are working hard to achieve our Healthy Schools Flag this year. Last year our focus was on healthy eating and on physical exercise and activity. **This year we intend to concentrate on improving our mental health and well-being. This week we are running a "Positive Mental Health Week" where all our classes are engaging in a short activity every day to boost mood and improve mental well-being.** The girls on the HPS committee have also organised a poster competition highlighting the various things we can do to make ourselves feel better. The winners of this competition will be announced at a special assembly on Friday and we will publish their names in our November newsletter. The members of this year's Health Promoting Schools Committee are: Amina Gecaite, Leah Ward, Daisy Walker, Rhiain Ronaghan, Hannah Pourani, Orlath McNally and Kelly Croarkin.



October Charity Fundraiser

Our annual charity fundraiser takes place this Friday, 28th October. We are having a Dress—Up Day where the girls are asked to bring in €2 each and they can wear a Halloween costume, pyjamas or any dress up outfit to school. As this is our Positive Mental Health Week, all proceeds will go to the Monaghan Mental Health Association. It is also an opportunity to give something back to the Association for funding our mindfulness lessons last year.



Parents' Association

The Parents' Association AGM took place on Thursday, October 20th. Shane Martin, psychologist and author, gave an excellent presentation on "Positive Parenting and Building Resilience in Children". Mrs Freda Connolly, Chairperson, presented a summary of the committee's work over the past year and a statement of the accounts. We are very grateful to the committee for all their tireless work and continual support of the school. **The next Parents' Association meeting takes place on Tuesday, November 15th at 8.30pm. We are inviting new members to attend. Feel free to come along to this first meeting to see how the PA operates — no pressure to commit.**



Maths Week

Maths Week in St. Louis GNS ran from Monday 17th to Friday 21st of October. All classes took part in a variety of Maths-related activities, including a Maths Challenge Competition and Maths Trails for junior and senior classes. Sixth class girls were introduced to coding skills through the Scratch Programme, which was facilitated by John Rust and sponsored by Monaghan Education Centre. Many thanks to Miss Brady for co-ordinating all the week's events for the school.

The winners of the Maths Challenge Competition are: 2nd : Paulina Chasonovaite & Ava Murphy, 3rd: Lauren Ward & Jessie Cleary Keenan, 4th: Ella Connolly & Ella Lappin, 5th: Caitriona Gallagher & Niamh Mc Guinness, 6th: Evelina Markauskaite & Orla Sherry.

Green Schools Committee:

Our new Green Schools' Committee has been elected. The members have met with Ms Brady and Mrs Treanor and have been assigned their jobs on a rotational basis. We are continuing to maintain our recycling and energy flags this year and hope to begin work on our water flag in 2017/18. Committee members include: Katie Mc Mahon, Wiktoria Obara, Jasmine Coyle, Maheen Mohsin, Aiste Ruchleviciute, Eadoin Mc Corry, Jessie Cleary Keenan, Emma Mc Cann, Alanna Mc Kenna, Aofie Devlin, Niamh Mc Elwain, Mia Butaviciute, Millie Rose Cleary, Alanna Myers, Alanna Mc Kenna, Jagoda Skiba, Jessica Leane, Evelina Markauskaite, Orla Sherry and Klara Kovalovsky-Kiaurakyte.

Student Council Initiatives

The student council have met with Mrs Farrell and set some targets for this term. They are organising a Worry Box for each classroom where pupils can post their concerns or worries to the teacher. They are also planning a pottery competition to be held during the month of November with a prize for the best piece of pottery produced in each class. This year's student council members are: Patricia Stanaszek, Inna Dimitrova, Kaitlyn Dearden, Mila Junele, Lauren Ward, Aoife Fitzgerald, Ava Mc Glone, Eliza Naklicka, Sarah Gormely, Aoife O' Gara, Kellie Mc Carron and Laoise Ronaghan.



DCYA Event

Congratulations to Stephanie Gaffney, Niamh Mc Guinness, Anna Woznica and India Treanor who were selected to represent the school at a Department of Children and Youth Affairs consultation in Dublin, on Thursday 13th October. The girls were asked to give their opinions and views on what they would like to learn in school to make the world a better place. Thanks to Mrs Mc Geown and Mrs Healy for accompanying the girls on this trip.

Active Flag Committee

Now that we have successfully achieved the status of being an Active School for another 3 years, Mrs Hannon and the committee members want to ensure that our pupils continue to keep active and healthy during break times. They provide hula hoops in the junior yard each day and have also introduced basketball in the senior playground. The committee members are: Alesha Cawley, Sienna Mc Dermott, Rhianna Bell, Clodagh Smyth, Willow Fitzpatrick, Geraldine Sweeney, Patrycja Kolobius, Katherine Vaisnoraitė, Ailbhe Ward and Aoife Mc Skeane.



Action Team Partnership

The adult committee met at the end of September and set the following goals for this year:

Academic Areas:

1. **SPHE- Mental Health and Wellbeing**
 - Support the HPS Committee
 - Talk for parents from Mental Health Professionals.
 - Using music to promote a calm atmosphere in the classroom.
 - Positive mental health messages (posters from HSE).
 - Continuing with Healthy Recipes on Newsletter.
2. **Reading:**
 - Tips for Parents to support their children's reading at home.
 - Read aloud story sessions facilitated by pupils from St. Louis Secondary.

Behavioural Area:

- To help improve the quality of the children's play during outdoor and indoor (wet) playtime.
- Dancing.
- Mural on wall.

Climate of Partnership-Making the School a more Welcoming Place

- Gratitude Tree.
- School Annals.
- Punctuality Drive.
- Hot Chocolate Stall at the Big Switch On.

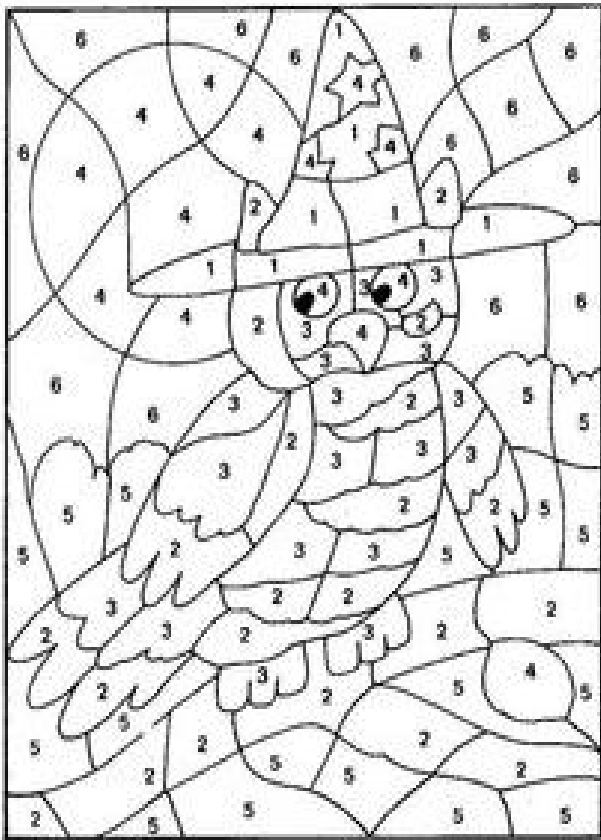
Adult Committee: Bernie Farrell, David Mc Cague, Rosemary Holland, Anne Healy, Fiona O' Gara, Fionnuala Mc Carron, Magda Gracz and Maeve Hackett

Children's Committee: Greta Antimonovaite, Angel Ogbegu, Melisa Rutkauskas, Natalie Connolly, Ella Lappin, Ella Connolly, Kathy Otsalt, Fausta Lekniute, Lauren Dorris

Mobile Phones

As mentioned in our September newsletter, pupils are discouraged from bringing mobile phones to school except where it is absolutely essential. We wish to remind you that in accordance with our Mobile Phone Policy (see school website), the school **cannot** accept any responsibility for lost, stolen or damaged phones. Mobile phones are brought to school entirely at the owner's own risk.

Halloween Fun Page



1-purple 2-brown 3-orange 4-yellow
5-green 6-blue

Unscramble the letters to find the words in our

Halloween Anagram



Hidden Word
(solve the circled letters):

abt _____

acdny _____

adehntu _____

aeehlino _____

aeimprv _____

cemastu _____

chitw _____

eefforww _____

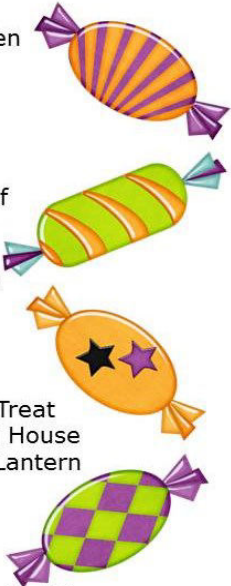
koopsy _____

oshtg _____

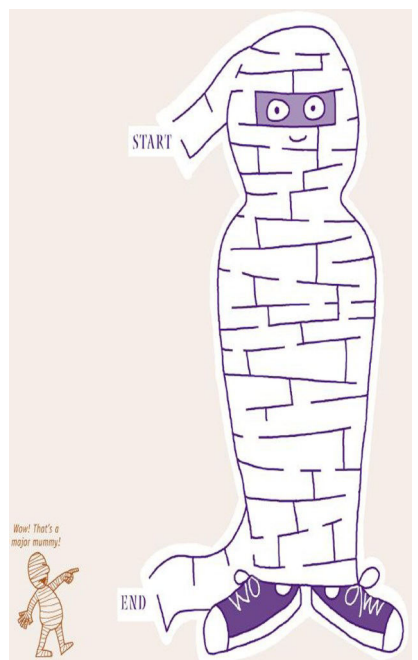



HALLOWEEN WORD SEARCH

Halloween
October
Spooky
Scary
Ghost
Vampire
Werewolf
Witch
Zombie
Skeleton
Monster
Black
Orange
Candy
Trick or Treat
Haunted House
Jack O' Lantern
Boo
Spider
Bats



Y	W	I	T	C	H	D	Y	R	A	C	S	J	W	K
W	J	A	C	K	O	L	A	N	T	E	R	N	C	D
L	H	E	G	G	H	O	S	T	H	S	K	A	R	E
N	R	E	T	S	N	O	M	A	P	K	L	O	E	I
O	O	S	U	E	D	R	L	I	R	B	J	P	B	B
T	O	U	V	M	R	L	D	P	S	E	Z	V	O	M
E	B	O	Z	V	O	E	G	B	G	H	C	A	T	O
L	A	H	L	W	R	I	E	N	A	W	F	M	C	Z
E	T	D	E	Y	A	R	A	Y	E	Y	J	P	O	S
K	S	E	T	A	E	R	T	R	O	K	C	I	R	T
S	N	T	K	K	O	Q	E	Y	I	O	T	R	J	O
I	Y	N	X	L	U	W	D	P	X	O	Z	E	O	Q
K	M	U	E	S	O	N	T	I	N	P	S	K	F	B
M	N	A	U	L	A	L	V	C	M	S	X	K	C	P
J	E	H	F	C	T	F	J	K	T	G	B	N	N	B



School Mass

Our mass to mark the start of the school year was held on Wednesday 12th October. We were delighted to welcome our new school chaplain, Fr. Stephen Duffy, as celebrant. Thanks to Mrs Gallagher who co-ordinated the preparation for the mass and to Mrs Cunningham who provided the instrumental music. The girls sang beautifully and were totally engaged in the celebration.

Local History Lessons

Former Deputy Principal of our school, Sr. Máire Cannon, is currently facilitating a series of local history lessons with Mrs. Treanor's 3rd and 4th class. Sr Máire has a wealth of knowledge about Monaghan and we are delighted that she is willing to share this with our girls. On Thursday 13th October, she and Mrs Treanor took the class out for a walk around some of the places of historical interest which are near to our own school. Sr. Máire hopes to deliver the same lessons to Mrs Cunningham's 4th class in the spring term.

Museum Historical Walking Tour

During October some of our classes have taken part in historical walking tours around Monaghan Town. These walks were facilitated by Miss Pauline Tilson of Monaghan County Museum and organised in school by Mrs Treanor. The girls were shown some of the main historical monuments and buildings around the town.

Library Visits

During the month of October all our classes have had the opportunity to visit Monaghan County Library. They were shown how a library operates, were allowed to borrow books and some classes also had storytelling sessions. Miss O'Reilly's 2nd class girls were lucky to have been there for an historical enactment of the story of bread from the Stone Age right up to the present day. Thanks to Mrs T Mc Kenna and the library staff for organising these library visits.

Go-Games Blitz

Well done to our victorious 5th and 6th class Gaelic Squad who travelled to Cloghan on Tuesday 18th October to take part in the Halloween GoGames Blitz. The girls played 3 games against Broomfield, Castleblaney and Killeevan and won all three matches! Congratulations to the squad and to their coach, Miss McNally who trained them in advance and travelled with them on the day.



Vegetable Pasta Bake (courtesy of the ATP Committee)

INGREDIENTS

1 dessertspoon of vegetable oil	1 onion chopped
1 green pepper sliced	8 mushrooms sliced
1 tin tomatoes	2 dessertspoons tomato sauce
mixed herbs	1 or 2 cloves of garlic
pepper	1 pt/575ml cheese sauce (page 26)
200g/8oz pasta	3 dessertspoons wholemeal breadcrumb

- 1 Pre-heat the oven to 200°C / 400°F / Gas Mark 6.
- 2 Heat the oil, fry the onion, pepper, mushrooms and crushed garlic for 5 minutes.
- 3 Add the tomatoes, tomato sauce, mixed herbs and a little pepper.
- 4 Bring to the boil, reduce heat and simmer for 20 minutes.
- 5 Cook the pasta in boiling water for 12-15 minutes until it is soft. Drain the pasta and add to the vegetable mix.
- 6 Stir and cook gently for 2-3 minutes.
- 7 Put the pasta and vegetable mix into a casserole dish and cover with a thick cheese sauce (see page 26).
- 8 Sprinkle with grated cheese and breadcrumbs.
- 9 Bake in the pre-heated oven for 10-15 minutes.

